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DR. VINAY KATUKURI

Instructions for UPPER ENDOSCOPY (EGD)

Procedure date: _____ Day: _____

Name: _____ DOB: _____

Note: The surgery center will call you 1 – 2 days before the procedure with our appointment time. If you do not receive a call, please call the Kissimmee Surgery Center at 407-870-1855.

If appointment time is 12:00 noon or later, PLEASE drink clear liquids ONLY before 8:00 am.

- ✓ **Do not eat or drink anything after mid-night, on the night before the procedure.**

Medications:

- ✓ Five (5) days before the procedure **STOP** all blood thinner medications, such as **Aspirin, Plavix, Celebrex, and NSAID'S** (Advil, Aleve, Ibuprofen, Excedrin, Motrin, Naproxen) unless directed by your physician. Take **Tylenol only** if needed. Also stop all fiber supplements, iron tabs, high fiber diet and all oil based meds (Fish Oil, Krill Oil, Cod Liver Oil). Provider will instruct you on restarting your medication depending on the procedure finding.
- ✓ If you are taking **WARFARIN (COUMADIN)**, make sure you have discussed this with the doctor.
- ✓ Make sure you take all your regular medications, as per your usual schedule, even the day of the procedure just with a sip of water.

Diabetic:

- ✓ **INSULIN** – take only ½ the dosage of insulin the night before the procedure and no insulin the morning of the procedure.
- ✓ **DIABETIC PILLS** – do not take the diabetic pills the night before or the morning of the procedure.

Note: If you have prosthesis, such as an artificial heart valve, please notify our office.

MAKE SURE YOU HAVE A DRIVER TO TAKE YOU HOME AFTER THE PROCEDURE.

Please be prepared to stay at the center 3 to 4 hours, including possible delays.

****IF YOU HAVE ANY QUESTION, NEED TO CANCEL OR RESCHEDULE
PLEASE CALL OUR OFFICE AT 407-703-3300, if you no show or cancel your appointment without
48hr noticed you will be charge \$75****